

# BREAK TIME

## COFFEE BREAKS & REFRESHMENTS

### Continental Breakfast

Fresh Donuts & Pastries  
Sliced Fresh Fruit  
Chilled Juice

Freshly Brewed Coffee  
Decaffeinated Coffee  
Herbal Teas

### Healthy Sensations

Fruit-Flavored Yogurts  
Sliced Whole Bagels  
Cream Cheese  
Sliced Fresh Fruit

Freshly Brewed Coffee  
Decaffeinated Coffee  
Herbal Teas

### Cookie Connection

White Chocolate Macadamia Cookies  
Chocolate Chip Cookies  
Oatmeal Raisin Cookies

Freshly Brewed Coffee  
Decaffeinated Coffee  
Herbal Teas  
Milk  
Assorted Soft Drinks

### Pennsylvania Dutch Treat

Assorted Whoopie Pies  
Wilbur Buds  
Hammond's Pretzels  
Lebanon Bologna and Cheese

Freshly Brewed Coffee  
Decaffeinated Coffee  
Herbal Teas  
Assorted Soft Drinks  
Birch Beer

### Intermission

Buttered Popcorn  
Soft Pretzels with Spicy Mustard  
Miniature Candy Bars

Assorted Soft Drinks

### Power Break

Trail Mix  
Granola Bars  
Assorted Fresh Vegetables & Dip  
Hummus & Pita Chips

Bottled Water  
Iced Tea  
Assorted Soft Drinks

### Sundaes and Floats

Chocolate and Vanilla Ice Cream  
Hot Fudge and Strawberry Toppings  
Whipped Cream  
Sprinkles  
Maraschino Cherries

Assorted Soft Drinks  
Root Beer

*Ask about our gluten-free options  
Additional Selections on Reverse Side*

## Eden Resort & Suites

222 Eden Road | Lancaster, PA 17601

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# BREAK TIME

## EXPRESS WRAP

Ham, Turkey and Vegetable Wraps  
Assorted Bagged Potato Chips  
Pasta Salad  
Freshly Baked Cookies  
Assorted Sodas

## THE ALL-DAY EXECUTIVE

### *Early Morning*

Freshly Brewed Coffee	Decaffeinated Coffee
Herbal Teas	Assorted Fruit Juice
Assorted Breakfast Pastries	

### *Mid-Morning*

Freshly Brewed Coffee	Decaffeinated Coffee
Herbal Teas	Sliced Fruit

### *Afternoon*

Freshly Brewed Coffee	Decaffeinated Coffee
Herbal Teas	Assorted Soft Drinks
Bottled Water	Herbal Teas
Assorted Fresh-Baked Cookies	

## COFFEE BREAKS

### *Choice of*

- #1 Freshly Brewed Coffee, Decaffeinated Coffee, Herbal Teas and Assorted Donuts and Pastries
- #2 Freshly Brewed Coffee, Decaffeinated Coffee, Herbal Teas and Assorted Soft Drinks
- #3 Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Teas
- #4 Assorted Soft Drinks

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