

Indulge yourself.



Bernard's at Brighton ~Day Spa & Salon~



*Unwind with nail services in either our
manicure or pedicure room*

~SPA SERVICES~

Therapeutic Massage • Reflexology
Organic Facials And Body Treatments
Waxing Services



~SALON SERVICES~

Hair Design For Men & Women
Expert Coloring And Highlighting
Nail Services



*Follow our pebble walkway
through our luxurious salon*



*Our spa services ensure
your total well-being*



Bernard's of Brighton is a preferred partner of the *EDEN RESORT & SUITES*.
Bernard's offers exclusive services to all Eden Resort guests including:
preferred pricing, preferred scheduling and
complimentary transportation.



All EDEN RESORT & SUITES Guests Receive

20% Off Listed Individual Prices: Monday-Thursday

15% Off Listed Individual Prices: Friday & Saturday • Sunday – By Appointment Only

5% Off Bernard's Website Package Prices

Be sure to mention you are an Eden Resort & Suite guest when calling to schedule your appointment.

~ SAMPLING OF SERVICES ~

~FACIALS~

Bernard's Signature Facial: (80 minutes) \$100
Expanding upon the Bernard's Classic Facial, you will receive a customized facial based on your skin condition. We add a paraffin treatment for your hands and feet to complete this very relaxing experience.

Deep Cleansing European Facial: (60 minutes) \$90
Based on the traditional European facial, this treatment is ideal for those suffering from oily, congested skin, and includes polishing brushes and extractions.

Seasonal Facial: (50 minutes) \$85
Ask your Esthetician about our seasonal products!

Gentleman's Facial: (50 minutes) \$75
This is a real man's facial using natural, organic products especially selected for a man's skin and individual needs. Using steamed towels, receive a face, neck and hand massage with non-perfumed, non-greasy, natural products. This facial is wonderfully relaxing and fantastic for keeping a man's skin in optimal condition.

~MASSAGE~

Bernard's Classic Therapeutic Body Massage:
(80 min.) \$100 • (80 min.) Couples \$180
Your therapist will customize your massage to target areas which need extra attention for total body relaxation.

Hot Stone Massage:
(80 min.) \$115 • (80 min.) Couples \$210
Working with hot stones in combination with massage dissolves tension and stress deep in the muscles for ultimate relaxation.

~SALON SERVICES~

Hair Services
Hair Color Services
Perms and Relaxing Services
Waxing

Special Occasion / Up-do
Highlighting Services
Conditioning Treatments
Make-Up

~NAIL CARE~

Spa Manicure \$30
Experience a luxurious hand and arm massage followed by nail and cuticle reshaping and polish. Leaves your hands soft and smooth.

Spa Pedicure (50 minutes) \$50
Pamper your soles! Relax while your legs and feet are massaged and rough skin is smoothed away!

~BODY TREATMENTS~

Hot 'n' Cold Signature Body Treatment: (60 minutes) \$95
Extreme sensory pleasures are derived from this refreshingly chilled masque and warming wrap. Beginning with a light scrub for receptivity, a cool organic mask is used to increase the moisture content and health of all skin types is generously applied. Then a wrap of thermal blankets and hot towels is applied while your feet and scalp are treated to a massage. The uncommonly stimulating contrast of cool and warm is not only a delight to the senses but also exercises the skin on a cellular level. This body renewal is finished with a light massage of organic moisturizer for a radiant, replenished body.

Seasonal Exfoliating Treatment: (50 minutes) \$75
Scents of the season are revealed through this intense deep treatment starting with a fresh cleansing and added nutrition of our seasonal sugar scrub. Smooth your skin from shoulders to toes to reveal a dewey finish with our seasonal moisturizer.

Prices are subject to change



Bernard's at Brighton

~Day Spa & Salon~

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www.bernardsatbrighton.com

